Bluetooth integration is possible, and even Bluetooth for health devices.

This android dev article explains the details of how to find/discover devices, connect devices, and transfer data between an app and a bluetooth device

<https://developer.android.com/guide/topics/connectivity/bluetooth>

However, we’ll likely need to use Bluetooth Low Energy (BLE) to save power on our device. This requires Android 4.3

<https://www.bluetooth.com/specifications/assigned-numbers/health-device-profile/>